



European Championships
Round 11 & 12
June 13-14, Sandnes
www.bmxnorway.com



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Welcome to Sandnes – The Norwegian City of Cycling

It is with great pleasure that the Norwegian Cycling Federation once again invites you to an international competition at the BMX-track "Vikingen" at Kvål, Sandnes.

The BMX-track "Vikingen" has been the arena for big international BMX-events in the past; the World Championships in 1991, the European Cup in 1994 and EC rounds in 2000 and 2004.

We will do our very best to present a professional race combined with a pleasant atmosphere for the riders as well as for visitors and spectators.

We do hope that as many riders as possible will participate in this event and we look forward to seeing you all in Sandnes.

Competition classes:

Athletic rights and agreements for children as established by the Norwegian Sports Federation and olympic Committee states that minors up to and including the year they turn 12 years of age are not permitted to participate in European Championships, Norwegian Championships or equivalent national and international championships or cup events.

However children from Nordic (Sweden, Finland, Denmark and Norway) can, from the year they turn age 11, participate in competitions and sports related arrangements in Norway

Block 1 - Cruiser- and Challenge race categories:

boys 11+12 (only from Sweden, Finland, Denmark and Norway),
boys 13+14, boys 15+16, men 17-24, men 25-29, men 30+ Challenger
and 30+ Masters

girls 11+12 (only from Sweden, Finland, Denmark and Norway),
girls 13+14, girls 15+16, women 17+

cruiser 13+14, cruiser 15+16, cruiser 17+18, cruiser 19-29, cruiser 30-39,
cruiser 40-44 and 45 +

Block 2 - Championship categories:

- Elite women, Elite men
- Junior women, Junior men



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There is no women cruiser class. Should a girl wish to participate in a cruiser class, she will be integrated among the other cruiser male riders.

The age determination in the above series will be according to the UCI age determination system. According to this system the age of a rider is determined by the age the rider will reach in that particular year.

Registration:

In order to enter the competition, you must enroll through your regional representative or through national federations. The entry forms must be returned to the following address by email:

**Mr. René NICOLAS
59 Faubourg Saint Nicolas
21200 BEAUNE
ffc.nicolas@free.fr**

Payment can be made by your national federation to Klepp Sparebank, or in cash at arrival by the head of delegation.

Klepp Sparebank
Jærvegen 532
Postboks 53
4358 Kleppe
Account: 3290.53.48441
Iban: NO0632905348441
Swift: DNBANOKK

Deadline: May 29th 2009

FEES:

- | | |
|-------------------------------|----------------------|
| - Elite Men and Elite Women | 57 € pr. race |
| - Junior Men and Junior Women | 35 € pr. race |
| - All challenge/cruicer: | 27 € pr. race |

Registrations after the deadline will be charged twice its cost until the June 11th 8am 2009. After this date, any registration won't be accepted.



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A federation (and only the federation) can cancel riders until the June 11th 8am 2009. They will not have to pay for this registration. If they do not show up at the event and do not cancel participation in due time, entry fee will have to be paid.

Number plates:

Riders have to race with their own number plates, and the following front plates and number combination:

Elite Men, Elite Women BMX and Cruiser; white plate-black number.
Junior Men, Junior Women, BMX and Cruiser; black plate-white number
Challenger Men /Boy: yellow plate-black number.
Challenger Women / Girls blue plate-white number
Challenger Cruiser: red plate white number

They must also bear a lateral white plate with their black race number on both sides.
Size of numbers 80 mm high, 10 mm wide.

National teams:

Spaces will be allocated to national teams registered with the UEC in the competitors area at a cost of 100 Euros. You may book this space by emailing s.birkeland@lyse.net. Book before May 29th. 2009.

Registration control:

There will be registration control in the clubhouse at the track by nation.



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Preliminary Time Schedule:

Depending on the number of riders the Time Schedule may be changed prior to the race.

FRIDAY:

17:00 – 20:00	Registration control by UEC Administration
17:00 – 17:45	Gate practice for all 20" Challenge Classes
17:45 – 18:15	Gate practice for all Cruiser Classes
18:15 – 19:00	Gate practice for Junior Men
19:00 – 19:30	Gate practice for Junior and Elite Women
19:30 – 20:15	Gate practice for Elite Men

SATURDAY

09:00 - 10:00	Registration control by UEC Administration
10:00	Team manager meeting
10:00 – 10:45	Warm up and gate practice block 1
11:00	Moto 1-3 block 1 All finals block 1 Awards-ceremony for block 1
14:00 – 14:45	Warm up and Splitted gate practice for Junior Men, Junior and Elite Women, Elite Men
14.45 – 15:00	Welcome
15:00	Moto 1-3 Junior Women, Junior Men, Elite Women, Elite Men All Finals block 2 Awards-ceremony Championships

SUNDAY

09:00	Team manager meeting
09:00 - 09:30	Gate practice block 1
09:30	Moto 1-3 block 1 All finals block 1 Finals bloc 1+2
11:30	Awards-ceremony for Challenger
12:00 – 12:30	Warm up and splitted gate practice for Junior Men, Junior and Elite Women, Elite Men
12:30	Moto 1-3 Junior Women, Junior Men, Elite Women, Elite Men All Finals block 2
15:00	Awards-ceremony Championships



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Awards:

Table of prizes in accordance with the UEC rules:

Championship classes:

Rank	Elite men	Elite woman	Junior men	Junior woman
1 st place	1500 €	500 €	500 €	250 €
2 nd place	1000 €	350 €	350 €	175 €
3 rd place	750 €	250 €	250 €	100 €
4 th place	450 €	150 €	150 €	55 €
5 th place	350 €	125 €	125 €	45 €
6 th place	300 €	100 €	100 €	40 €
7 th place	200 €	75 €	75 €	35 €
8 th place	150 €	55 €	55 €	30 €

Rank	Elite men	Junior men
5 th place semi	85 €	45 €
6 th place semi	75 €	40 €
7 th place semi	65 €	35 €
8 th place semi	55 €	30 €

Challenge classes:

11-12 year = trophies for all participants

13+ and Cruisers = trophies for place 1 to 8



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The Track:

Address:

Vikingen BMX Track

Kvålkroken 4323

Sandnes

GPS-Coordinate: N58° 49.026 - E005° 42.938

Distance from airport: 14 km.

Location:

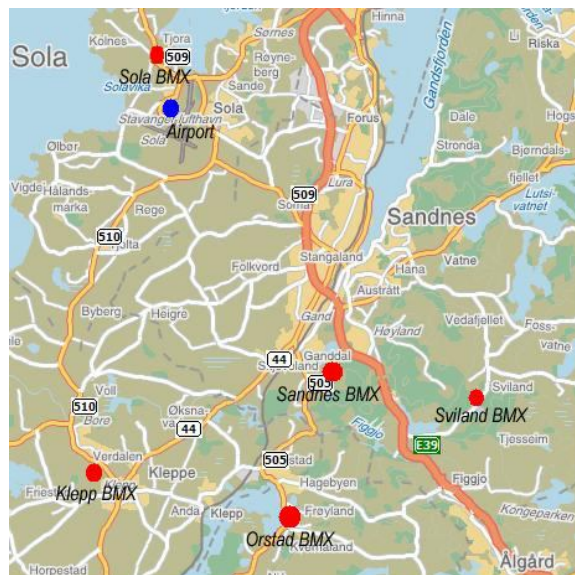
Kvål, Ganddal, 5 km from downtown Sandnes

The track:

The length of the track is approx. 350 meters and is slightly downhill to the second turn allowing the rider to obtain greater speed. The start house is equipped with Random Gate by Pro Gate and is covered by a roof. All three turns are paved with bricks and a Pro section has recently been added to the track's layout which also includes two sets of doubles.



[Transportation map:](#)





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How to get to Sandnes and the track:

Flights to Sola Airport, Stavanger.

Distance: The airport is 14 km from Sandnes and the track

<http://www.avinor.no/lufthavn/stavanger>

Ferry from Hirtshals in Denmark to Sola:

Distance between Sola and Sandnes are 16 km,

www.fjordline.no.

Ferry from Hirtshals in Denmark to Kristiansand:

Distance between Kristiansand and Sandnes are 227 km

<http://www.colorline.no/> and www.fjordline.no.

Follow E39 until junction with 505 in Sandnes. Follow 505 to Ganddal and follow signs to the track.

You can also go by railway from Kristiansand to Sandnes. http://www.nsb.no/?lang=en_US

Food at the track:

There will be a variety of food, soft drinks and other items available at the track.

Parking:

Parking will be available close to the track. Please follow the signs and instructions from the parking personnel.

Entry:

Adult, one day	10 € / NOK 100,-	Adult, two days	15 € / NOK 150,-
Child (up to 12 years)	5 € / NOK 50,-	Child (up to 12 years), two days	10 € / NOK 100,-



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Accommodations:

Enclosed you will find a list of hotels with good rates and camping opportunities:

Hotels:

With special rates for BMX-event:

Please contact the hotel directly. The offer is valid only on a limited numbers of rooms on every hotel.



Kronen Gaard Hotell - 1
Vatne,
4309 Sandnes
Tlf: +47 51 60 83 00
booking@kronen-gaard.no

Hotel Sverre - 2
Storgaten 45,
4307 Sandnes
Tlf: +47 51 97 30 00
booking@hotel-sverre.no

Thon Hotel Sandnes - 3
Roald Amundsens gt 115,
4307 Sandnes
Tlf: +47 51 96 20 00
sandnes.resepsjon@thonhotels.no

GamlaVærket - 4
St Olavs Gate 38,
4307 Sandnes
Tlf: +47 51 68 51 70
resepsjon@gamlavaerket.no

Jæren Hotell - 5
Solhøgda 3,
4340 Bryne
Tlf: +47 51 77 11 00
booking@jarenhotel



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General conditions:

- The offer is valid only on a limited numbers of rooms on every hotel.
- On request.
- The hotels offer healthy and good quality food to alle of ours sports guests.
- All prises in NOK – Norske Kroner

	<u>Bed/Breakfast</u>	<u>Halfboard</u>
<u>Weekend</u>	300	475
<u>Weekdays</u>	300	475
<u>Singel room supplement</u>	195	345
<u>Extra person on room</u>	+200	+350

We offer healthy and good quality food to all of ours sports guest



The price is per person in double room.
Halfboard includes bed/breakfast and
today's dinner one day.



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Camping

Ølberg camping:

Ølberg Havneveg 101, 4053 Ræge
Phone: +4751 65 43 75 / +4751 66 71 70
Cabin and campingsite

Here you can relax and draw a deep breath, sensing how the everyday strains and stresses disappear. We can offer generous portions of clean nature and a higher sky than you will find in most other places. Unusually close contact with the constantly changing sea. Waves for jumping, swimming or playing in. A beach of fine-grained sand. Grass. A stone jetty and sturdy rocks.



Will you find the secret cave on the beach? Are you brave enough to enter and stay there? How about telling ghost stories in the concrete bunkers from World War II? The corridors and surroundings are as made for thrilling experiences for you and your new holiday friends ...

A hint: to those who enjoy photography, drawing or painting: the stunning light out here has inspired generations of artists and will add a new dimension to your work. .

Vølstadskogen Cabin- and Campingsite

Gamle Austvollvei, 4312 SANDNES
Phone +4751627120 , Telefax +4751627141

Vølstadskogen Hytter og Camping is a small all year camp site.



The surroundings are peaceful, although you are only 2,5 km from the centre of Sandnes and 15 km from Stavanger City. There is a supermarket near by. (REMA 1000)
Vølstadskogen is a suitable base for excursions to the Lysefjord, the Pulpit Rock, Utstein Monastery and Hå Old Rectory.

The sandy beaches along the North Sea coast, Kongeparken, and Havanna Badeland are not far away. You can go shopping in the friendly mall of Sandnes, Ikea, or Kvadrat, the biggest shopping centre of Norway, and at factory outlets.

Bore Strandcamping

Nordsjøvegen 123, 4352 Kleppe
Tlf: +47 51422216
<http://www.borestrand.no/>

Bore Strandcamping is a newly established family enterprise in natural surroundings. You will find us adjacent to Bore Beach. We can offer some Scandinavias best areas for surfing, windsurfing and kitesurfing. Figgjoelva, one of Norways best salmon rivers, is close by.





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Kongeparken camping:

Ålgårdslåten 3

4330 Ålgård

Tlf: +47 51617576

<http://www.kongeparkencamping.no/>

Kongeparken camping offers many attractions and activities in the region. The park is located right next to one of the largest amusement parks called Kongeparken



Additional information:

For additional information, please check our web site: www.bmxnorway.com. You can also send a mail to the following e-mail: bmxnorway@lyse.net